

THE ELEPHANT IN THE ROOM

Training Course

11.-17. 06. 2019

CEFIG, a youth organization from Czech Republic, invites you to join us for a 7-day training course “The elephant in the room” (10th is arrival day and 18th is departure day).

The project will be hosted in the beautiful city of Kolin, which lies on the bank of the Elbe river. We will be accommodated in 3-star hotel Theresia. ([link](#))

The project will be led by two amazing trainers with great experience of addressing the elephants in the room and communicating social taboos – Frederik Kirk and Julia Zaitseva.

The training course will equip you with the knowledge and skills needed when addressing sensitive topics, establishing deep, trusting dialog and building non-violent communication with others, which is especially important in youth work. But the knowledge and experience gained in this training course can be easily used to benefit your everyday life and boost your self-development process.

The aim of the course is:

To provide Youth Workers with knowledge, tools, methods for how to create Safe Spaces for Dialogue and how to address social taboos held by young people.

We want to accomplish our aim by achieving these objectives:

- 1) Providing participants with basic knowledge and competences as to how to address tabooed topics in order for them to help prevent isolation of youth they work with.*
- 2) Raising awareness among youth workers about issues affecting certain groups of young people in order to promote social inclusion.*
- 3) To ensure exchange of best practices among the participants by creating a safe space for sharing.*
- 4) Providing participants with tools for establishing a constructive dialogue, which can solve fights and arguments.*

We will bring together 24 youth workers from 8 countries:

- UK (the NO Collective)
- Estonia (MTÜ)
- Poland (Stowarzyszenie Projektow Miedynarodowych “Logos Polska”),
- Italy (Mad Med)
- Spain (Asociación Las niñas del Tul),
- Denmark (Soeholm 4H),
- Bulgaria (SABO)
- Czech Republic (Centrum Financni Gramotnosti).

Participants should satisfy the following requirements:

- at least Intermediate level of English Language;
- have great interest in social media management;
- motivation in attending the training course and participate actively;
- are eager to use knowledge gained during this TC in their communities and organizations;
- one of the participants should be the leader/project manager/social media pages planner of the organization or a youth worker, who will have power to implement changes in partner organization in order to disseminate results of this project.
- 1 of 3 participants should be person with fewer opportunities, facing social, economic or geographical obstacles.

Participation conditions:

- food and accommodation is fully covered by the organizers with the support of the European Commission's Erasmus+ Programme;
- we don't cover insurance, please make it as your commitment to the training;
- travel costs will be reimbursed, up to travel cost limit (listed below) according to Erasmus + programme rules listed below. Before purchasing tickets, you have to get a confirmation from organizers (send the tickets you want to buy on e-mail written in contacts);
- **we will NOT reimburse you travel costs, if you don't attend all sessions/arrive later/leave earlier**
- important: **KEEP YOUR BOARDING PASSES, DON'T THROW THEM AWAY**, or we won't be able to reimburse you.
- collect e-ticket, invoice, proof of payment. For train and bus tickets make sure the date, the itinerary and the price are visible on the ticket. We can't reimburse money if you take taxi.
- we will try to reimburse everybody on the project, for that we ask you to find good prices of your tickets, otherwise we will only be able to reimburse you after the project by bank transfer. If you need advice what is the best and cheapest way to get to Czech Republic from your country, don't hesitate to ask.

Once you have been chosen, we will send you an invitation to our FB group.

Reimbursement limit for travel costs:

Travel info: Czech NA doesn't allow extra days to stay in CzR, unless you find cheaper tickets than on travel dates.

Country (number of pax) Max amount per pax

Bulgaria (3) 275 EUR

Denmark (3) 275 EUR

Poland (3) 180 EUR

Estonia (3) 275 EUR

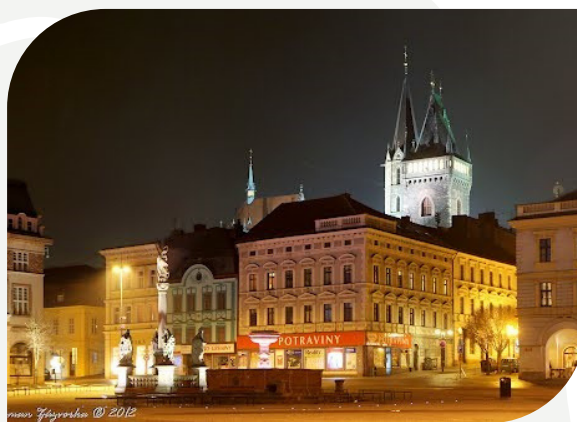
Italy (3) 275 EUR

Spain (3) 360 EUR

UK (3) 275 EUR

Accommodation:

- We will be staying in a beautiful town of Kolin, which lies on the river Elbe, 50 kilometers east of Prague. Kolin is a small city with a large square in historical center and a cathedral.
- the participants will be accommodated in hotel rooms (double/triple) equipped with all comforts
- If you have special dietary requirements, be sure to specify them in the application form.



Insurance:

- WE STRONGLY ADVISE YOU TO TAKE OUT A FULL TRAVEL INSURANCE POLICY FOR THE DURATION OF YOUR STAY IN CZECHIA!
- PLEASE NOTE INSURANCE COSTS OF ANY KIND WILL NOT BE COVERED.
- The organization will not be able to reimburse you for any losses.

Special needs:

- In the Application Form you will find the gaps for special needs (like vegetarian, vegan etc.), please carefully fill them out.
- Please do not forget to bring with you some food and drinks, specialties of your countries for our intercultural evening.

Dissemination:

- every involved organization will be asked to write, together with participants, after their return, an article about the project and present it on their websites: the activities we've had, impressions they've got and what impact they are expecting after this;
- within a month after the training course, every partner organization expected to organize follow up workshops on the topic of the training with their organization members and also within local communities;
- at the project, we will be writing short summary of the day with pictures and every organization will be able to share this information among their youngsters through social media and websites.



Frederik Kaae Kirk
Trainer

Experienced trainer and youth worker from Denmark. By combining engineering background with more than 7 years experience in non-formal education, Frederik is known for his deep and methodical approach to every topic as well as out of the box thinking and creativity when it comes to tools and methods of learning. Frederik is very much interested in non-violent communication and chickens.

Julia Zaitseva
Trainer

Julia has an academic background in history and cultural anthropology, which makes the topic of taboos one of her favorite. But as an experienced trainer and facilitator, she is very much invested in exploring socially relevant topics through non-formal methods. Julia is a big believer in practical application of every knowledge and skill. Julia bases her work on a value-oriented approach and likes to sing in the shower.



Ondrej Podlesak
Organizer

Ondrej has been involved in international work since 2015, practicing youth work on national level since 2005. He has Master's degree in Statistics from University in Economics, Prague. As a very experienced and thoughtful organizer, he has successfully implemented over 500 projects, so needless to say, he will do his best to provide a great experience for you. As a great sports lover, he will try to provide opportunities for you to be active and have fun outside, while you are on our project.

Ondra is very organized and fantastically handsome.



Contacts:

Feel free to contact us in any way listed below:

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